



INTRODUCTION TO BCPC

Bcpc (Bath Centre for Psychotherapy and Counselling) is a registered charity and not-for profit organisation which has been training students since 1984. A copy of the by-laws may be found on the bcpc website www.bcpc.org.uk

Bcpc has over 150 graduates. It is based in Bath but also runs courses and offers practitioner services across the West of England. Bcpc has two core purposes:

- To provide excellent training in Counselling Skills, Counselling and Psychotherapy and opportunities for personal and professional growth and development through a range of training experiences
- To provide counselling and psychotherapy services for the public

Our Values and Ethos

All parts of bcpc are united by a set of core values. These help direct and shape the organisation in every area of its work. You will have seen them already in the course prospectus and on the website, but they are so central to bcpc that also reproduce them here.

Core values

We recognise and encourage the unfolding of human potential in therapy, education and beyond.

We encourage the potential of the individual in becoming more real, in touch with his/her core or true self, and internally connected.

We respect the other's reality and ability to choose how to be and to act.

For us, acceptance is prior to judgment and discrimination.

We value experience over skills, theoretical understanding and wisdom.

In our relating, neither theory nor technique should impede an existential meeting.

Truth is uncovered, perhaps created, by the relationship in therapy, not by the practitioner's theories.

To honour these values requires the risk and struggle of wholehearted engagement.

In our work we value a holistic approach that involves and links mind, body and spirit.

We recognise the importance of spiritual and cultural sources and traditions as well as the teachings of counselling and psychotherapy.

We wish to work compassionately with whoever seeks our help and will not exclude people on the basis of their race, colour, nationality, religion, marital status, sexual orientation, gender, class, age, HIV status, disability or having dependants.